## ABSTRACT OF THE DISCLOSURE

A process for obtaining an active principle with firming effect for the skin, obtained from wheat protein, 5 provided to counter the aging of the skin includes in succession the following steps:

- a) crushing grains of fresh wheat so as to obtain flour;
  - b) dissolving this fresh wheat flour in water;
- 10 c) hydrolyzing this solution in the presence of proteases;
  - d) effecting a gross separation of the soluble and insoluble phases,
    - e) concentrating the active fraction; and
- f) sterile filtering to retain the microorganisms, yeast and molds as well as the total mesophilic
  flora.